



# Right to Life of Central Kentucky



January 2026

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## welcome to our Bi-Annual Newsletter

### Membership Breakfast



Join us for our Annual Membership Breakfast and Meeting on Saturday, March 7, 2026, from 9:00 AM–12:00 PM EST at the DoubleTree Suites (Richmond Rd), 2601 Richmond Rd, Lexington. Enjoy a welcoming morning with pro-life and legislative speakers, meaningful updates on the year ahead, and a delicious breakfast featuring coffee and juice, assorted muffins and danishes, and chicken biscuits—all in support of life.

### Special Offer: RSVP Today!

Attendees will receive an exclusive in-person early bird discount for the 2026 RTLCKY Annual Banquet, so don't miss this opportunity to connect, be informed, and save.



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## Our Right to Life of Central Kentucky Rebrand



New logo



New blogs



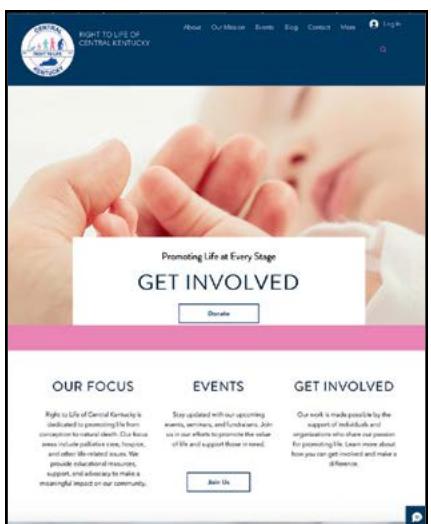
New email

### 54 Years of Life Advocacy, Now with a Bold New Look

For five decades, Right to Life of Central Kentucky has stood for the dignity of every human life—from the first heartbeat to the final breath. We've marched. We've educated. We've stood beside families and fought for legislation that protects society's most vulnerable.

Today, we're proud to launch a new look—one that speaks just as boldly as the mission we live out every day. Our new logo carries the colors of the pro-life flag: pink for unborn children and their mothers, blue for the medically fragile and differently abled, and white for the dignity of natural death.

The same heart and passion but with a renewed voice and sense of purpose. And a future full of life. For Every Life. At Every Stage.



And more...



- New logo
- Brand colors
- New website
- New email
- Wixapp
- Brochure
- Blogs
- and more to come...



### Life Unbroken: How Vulnerability Appears in Every Chapter

by Samantha Sexton

#### Why Protecting Life Matters — and Why Your Voice Counts

Protecting life is more than a belief — it's a calling. For me, that calling grew out of real, personal experiences that opened my eyes to how fragile life can be when our culture forgets its worth. Those experiences taught me that education and awareness are powerful tools. When people know the truth — when they see the humanity, the hope, and the value in every life — hearts change, and lives are saved.

#### The Quiet Push: Why Knowing Your Stance Before It Happens Makes the Difference

I still remember the day I learned I was pregnant. My husband and I had been trying for months, and when that positive test appeared, we were overjoyed. I went to the doctor to confirm my pregnancy, expecting to share a happy moment — but instead, I was ushered into an office and told that I should consider abortion. The doctor never asked if my pregnancy was wanted. She never asked if I was excited.

She simply assumed that because I was young and still in college, my child wasn't worth keeping.

In just a few minutes, my joy was replaced with confusion and shame. But I knew in my heart that this baby was a gift. That day changed me. I realized how many women are made to feel fear or shame when what they need most is encouragement and truth. No one should ever be made to feel that their child's life is a mistake. That's why education matters — because knowledge replaces fear, and truth restores confidence. And had I not known my position or had my faith, I shutter to think what might have happened and of pressure from someone I viewed as an authority.

#### A False Test and a Second Chance

Later that same year, one of my best friends received devastating news: her baby had tested positive for Down syndrome after an amniocentesis. She was heartbroken and unsure what to do. She called me for advice, and I told her what I truly believed —

## Life Unbroken: How Vulnerability Appears in Every Chapter

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that her baby's life had value, no matter what the diagnosis said. She wanted this baby. And having both been raised in our hometown church, we knew it was God would want.

She decided to continue her pregnancy. Months later, she gave birth to a perfectly healthy baby — no Down syndrome, no complications. That experience shook us both. How many parents are pressured to make irreversible decisions because of fear, false medical testing, or incomplete information? How many precious lives are lost because no one told them to wait, to seek a second opinion, or to believe that every life has purpose?

It reminded me again that education saves lives. When people know the truth — medically, ethically, and emotionally — they can make decisions rooted in love, not fear.

### **The Fight for Dignity at Life's End**

Years later, I faced another battle for life — this time with my mom. When she became ill, she asked for care and treatment. But instead of being supported, she was pushed toward hospice and "comfort care" against her wishes.

Despite her desire to live, available treatments, and a supportive family; she was denied food and heavily medicated until she slipped away.

That experience opened my eyes to another growing threat — the quiet normalization of euthanasia through neglect. My mom wanted to live, but the system had given up on her. We searched for help, for education, for resources, but there was almost nowhere to turn. The hospital wanted to keep their attrition rate up, that particular hospital had just purchased their hospice vendor, and we were flat out lied to. My father was told the only way she could continue treatment was through hospice. It was only afterward did he find out that was the opposite truth. That's why organizations like ours matter so deeply. We educate. We inform. We empower families so they can advocate for life — from the first heartbeat to the final breath.

## Life Unbroken: How Vulnerability Appears in Every Chapter

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### **Life Under Pressure: Preparing for the Moments You Don't Expect**

Each of these moments — from the doctor's office to my friend's hospital room to my mom's bedside — has shown me one thing: when people have access to the truth, they make choices that honor life. Education is the key to changing our culture.

When we teach, when we speak out, when we stay informed, we become a force for good. We help people see that life is not a burden or a mistake — it's a gift that deserves protection, love, and celebration. So, to everyone reading this: your voice matters.

When you share information, attend events, or support educational programs, you are helping to shape a world that values every human life. You're giving others the tools they need to choose life with confidence and hope.

Together, through truth and compassion, we can make a difference — one heart, one conversation, one life at a time.



## My Mom Chose Life

by Damon Sexton

I want to share a story. A story that is very true. I have thought about this for a very long time and wasn't sure it needed to be said, but I came to the decision it would be therapeutic for me and hopefully reflective for others. My mom chose life.

In late November 1972, my parents conceived me within their marriage. Mom was 19 and had already miscarried her first child. I wasn't here yet, so I don't know how excited they were to have a baby. There are some truths I am quite sure of. Mom and dad were married on October 16th, 1971. They decided to travel to Clintwood, Virginia and visit the Justice of Peace with only 2 witnesses.

Neither of their fathers attended the wedding. None of their friends attended. None of their siblings attended. The wedding pictures were very simple. Just mom, dad, and the magistrate. Although it may seem romantic to some, I do not see it that way. It looked lonely. I think it is safe to say there was minimal support for the two of them.

Mom dedicated her life to providing a home for my sister and I. My dad worked manual labor jobs for very little pay. When I was born, he was a delivery driver for Pet Dairy Company. They lived in a mobile home park in Hazard, KY.

## My Mom Chose Life

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The terrain was tough, transportation tough, and access to basic needs unforgiving. They were young, poor, high school graduates, unsupported, and pregnant for the second time in a little over a year. I can only assume since there wasn't excitement for the wedding there would be little excitement for a baby. For the first few months, I don't know if mom told anyone, including dad, especially since their first pregnancy ended the way it did. When I was much older, she told me about her loss as if she was adding items to her grocery list. It just wasn't discussed with any feeling or emotion. I think her lack of detail was the detail.

On January 22, 1973, the Supreme Court decision Roe V Wade was handed down allowing for the protected right to have an abortion prior to the point of fetal viability. By my math, she was about 8 weeks pregnant with me and was gift wrapped an option to terminate the pregnancy. If no one knew she was pregnant and she had already miscarried once, this was the perfect opportunity to "reset" her life and focus on herself. But my mom chose life!

My mom represents the typical demographic, or at least what we think that demographic looks

like. She was young, poor, minimally educated, marginally supported woman living in a rural area with limited access to healthcare. By societal standards, very few people would have resisted or even questioned her decision had she chosen to terminate my life. If not for a strong father of her own and the fear of disappointing him, she may have entertained it. The reality is she couldn't have afforded an abortion if she wanted one. The only thing she had in this world was me in utero. I wonder if any other woman has thought that way? At the time she was not connected to a faith community but had blind faith to bring me into the world. Mom struggled to raise me and struggled to leave me on September 21, 2022. She was young when I was born, she was young when she died. But my mom chose life!

She chose to give me a chance when I'm sure she didn't think she had one. That's why I now choose to advocate and fight for life. I know there is a part of my mom in every single woman who is poor, young, scared, undervalued, underappreciated, and unsupported. If you or someone you know is like my mom, please tell them they carry a life within them that is worth preserving.



ORDER YOUR  
TICKETS



TODAY!

## 50th Anniversary Right to Life Annual Banquet Speaker selected for April 30, 2026

We are honored to invite you to the 50th Annual Respect Life of Central Kentucky Banquet—a milestone evening in support of life from conception to natural death. As our largest fundraiser of the year, this banquet sustains our mission of raising awareness, providing education, advocating for life-affirming legislation, and offering vital resources to individuals and families throughout our community.

This year's event will take place on Thursday, April 30, 2026, and promises to be a powerful evening of purpose and inspiration.

We are thrilled to welcome Gian Paul Gonzalez as our keynote speaker. Gian Paul is best known for inspiring the New York Giants' Super Bowl run with his compelling message of being "All In." His story has been featured on

ESPN, Fox News, and CNN, and his motivational talks have energized audiences across the NBA, NFL, English Premier League, MLS, and Fortune 500 companies. A former NCAA First Team All-American basketball standout at Montclair State University, Gian Paul scored nearly 1,400 points in just three seasons. After playing in the NBA Summer League and receiving offers to play professionally, he chose instead to dedicate his life to working with at-risk youth. He is the founder and Executive Director of Hope & Future, a nonprofit that uses sports and mentorship to deliver a message of hope and excellence to inner-city schools and juvenile detention centers.

Join us as we mark 50 years of advocating for life with an evening of reflection, celebration, and a renewed commitment to life.